

Worksheet

Identifying and Mapping Youth Theory of Change

One method for identifying your theory of change is by asking yourself a series of questions utilizing the following format. Select a program that you would like to clarify your theory and begin by answering the “leads to” questions. (lead with better, improved, increased, and end with reduction or delay of onset of ATOD)

| Prevention Program: _____ | As Measured by |
|---|----------------|
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (better, improved, increased, reduced)</p> | <hr/> |
| <hr/> <p style="text-align: center;"><i>Leads to</i> (reduced, delay in the onset of)</p> | <hr/> |
| <hr/> <p style="text-align: right;">(Goal)</p> | <hr/> |